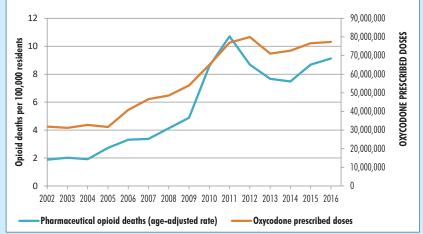
THE **OPIOID EPIDEMIC** IN KENTUCKY: PRESCRIBER'S UPDATE

Opioids still make up the majority of controlled substance prescription drugs that are prescribed in Kentucky.

Though hydrocodone prescriptions have dropped steadily since 2012, Oxycodone prescriptions are back on the rise and are nearly as high as they were at their peak in 2012.

Oxycodone remains the most common prescription opioid contributing to Kentucky opioid overdose deaths.¹

TREND OF PHARMACEUTICAL OPIOID DEATHS MIRRORS OXYCODONE PRESCRIBED DOSES



WHEN OPIOID PRESCRIPTIONS DECLINE, SO DO PRESCRIPTION OPIOID OVERDOSE DEATHS.

¹ Kentucky Injury Prevention and Research Center. Kentucky Resident Drug Overdose Deaths, 2015. June 3, 2016. Available from: <u>http://www.mc.uky.edu/kiprc/programs/kdopp/reports/2015-drug-overdose-deaths.pdf</u>

WHAT CAN YOU DO?

🖌 LIMIT PRESCRIBING OPIOIDS FOR ACUTE PAIN.

Kentucky House Bill 333 establishes a 3-day prescribing limit on Schedule II controlled substances (e.g. hydrocodone, oxycodone) for acute pain, with certain exceptions.

FIND YOUR LICENSURE BOARD'S REVISED REGULATIONS ON PRESCRIBING CONTROLLED SUBSTANCES: Kentucky Board of Optometric Examiners: http://www.lrc.ky.gov/kar/201/005/130.htm Kentucky Board of Dentistry: http://www.lrc.ky.gov/kar/201/008/540.htm Kentucky Board of Medical Licensure: http://www.lrc.ky.gov/kar/201/009/260reg.htm Kentucky Board of Nursing: http://www.lrc.ky.gov/kar/201/020/057reg.htm Kentucky Board of Podiatry: http://www.lrc.ky.gov/kar/201/025/090.htm

REFER TO THE BACK for treatment resources and additional information.

EDUCATE YOUR PATIENTS on the risks of prescription opioids.

REFER PATIENTS NEEDING TREATMENT. See back for treatment resources.

Prepared by the State Epidemiological Outcomes Workgroup (SEOW), in coordination with REACH Evaluation, through a contract with the Division of Behavioral Health within the Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities (DBHDID); <u>https://reacheval.com/projects/kentucky-state-epidemiological-outcomes-workgroup/</u>





THE KENTUCKY OPIOID EPIDEMIC

ADDITIONAL RESOURCES FOR PRESCRIBERS

For patients struggling with opioid use disorder, encouraging them to seek treatment is critical.

TREATMENT RESOURCES

http://findhelpnowky.org

A real-time treatment locator to help patients, providers, and loved ones find local substance use treatment centers with available beds.

1-833-8KY-HELP (1-833-859-4357)

A statewide toll-free Treatment Referral Line for anyone seeking assistance with a drug addiction in Kentucky. Hours: Monday-Friday, 8:30 a.m. – 5:30 p.m.

Additional Treatment Resources https://odcp.ky.gov/Pages/Treatment-Resources.aspx

CASEY'S LAW

Casey's Law provides a way for parents, relatives, and/or friends to petition the court for involuntary treatment on behalf of a person with substance use disorder. Read more here: https://odcp.ky.gov/Stop-Overdoses/Pages/Caseys-Law.aspx

GOOD SAMARITAN LAW

The Good Samaritan Law protects people from prosecution for possession of drugs or drug paraphernalia if they are seeking assistance for themselves or another person experiencing a suspected drug overdose. Read more here: <u>https://odcp.ky.gov/stop-overdoses/</u>

KY STOP OVERDOSES WEBSITE

A comprehensive resource site for details on opioid overdoses, naloxone and Harm Reduction Syringe Exchange Program locations, recognizing overdose and response, and more helpful links: http://odcp.ky.gov/Stop-Overdoses/

PREVENTION RESOURCES

Find substance use prevention resources for your community here: <u>http://dbhdid.ky.gov/ProviderDirectory/ProviderDirectory.aspx</u>

ADDITIONAL DATA

The Kentucky Injury Prevention and Research Center's Drug Overdose Technical Assistance Core (DOTAC) provides the most recent local data on drug overdose trends: <u>http://www.mc.uky.edu/kiprc/DOTAC/</u>